

RITE OF FIRST RECONCILIATION

PRIEST: Welcomes the penitent.

**PENITENT: IN THE NAME OF THE FATHER, AND THE SON,
AND THE HOLY SPIRIT. AMEN.**

PRIEST: Invites the penitent (you) to have trust in God.

READING OF THE WORD OF GOD (optional)
The priest may read a text of Holy Scripture.

CONFESSION OF SINS AND ACCEPTANCE OF SATISFACTION

**PENITENT: BLESS ME, FATHER, FOR I HAVE SINNED.
THIS IS MY FIRST CONFESSION.
THESE ARE MY SINS:**

(Tell the priest your sins with honesty and why you are sorry).

The priest will listen to you and guide you.

PENITENT: I AM SORRY FOR THESE AND ALL MY SIN

The priest will give you **penance** to help you make up for your sins and to change your heart.

PRAYER OF THE PENITENT AND ABSOLUTION

**PENITENT: O' MY GOD, I AM HEARTILY SORRY FOR HAVING OFFENDED
THEE, AND I DETEST ALL MY SINS BECAUSE OF THY
PUNISHMENTS, BUT MOST OF ALL BECAUSE THEY OFFEND
THEE, MY GOD, WHO ARE ALL-GOOD AND WORTHY OF ALL
MY LOVE. I FIRMLY RESOLVE, WITH THE HELP OF THY
GRACE, TO SIN NO MORE AND TO AVOID THE NEAR
OCCASIONS OF SIN. AMEN.**

After the Act of Contrition, the priest will give you **Absolution** (*this is the moment when your sins are forgiven by God*).

At the end of the Absolution, **make the sign of the cross and say, AMEN.**

PROCLAMATION OF PRAISE AND DISMISSAL

PRIEST: Give thanks to the Lord, for he is good.

PENITENT: HIS MERCY ENDURES FOREVER.

PRIEST: Dismisses the penitent in peace.